Magnetic Sector High Resolution GC-MS in Dioxin Analysis "DFS 10<sup>th</sup> Birthday"

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# **Overview of Presentation**

# Congratulations on the DFS 10<sup>th</sup> Birthday

Personal 44 year "love affair" with HRMS

- Overview of why need to use biomonitoring for human exposure assessment
- Analytical necessity for HRMS to achieve very low detection for human biomonitoring studies
- The new lower detectability introduced by the DFS 10 year ago

Why we need even better (lower) detection limits

What does the future look like for the DFS

#### 44 Years of High Resolution Mass Spectrometry

- 1971 Arizona State University (Dr Peter Brown)
  - Varian Atlas SM1B Mattauch-Herzog
    - Field-Ionization Kinetics
- 1975 Stanford University (Dr Carl Djerassi)
  - Varian-Mat 711 HRMS
    - Synthesis and Mass Spec Mechanistic fragmentation studies using isotopic labeling of steroids
- 1979-2008 Centers for Disease Control and Prevention-Retired in 2008
  - Vg ZAB-2F; Vg-70E and 70S; Micromass Ultima;
  - **15 MAT 95XPs; 12 DFSs**
- 2009-2015 AXYS Analytical Services-Sidney, BC, Canada



#### **Objectives of Exposure Assessment to Environmental Chemicals**

- Quantification of magnitude, duration, frequency and routes of exposure
  - Example: Air, water, food, soil, dust, etc.
- Characterization and enumeration of the exposed population



# **Human Biomonitoring**

- Two ways to do human exposure assessment
  - External dose measurement
    - Modeling to predict internal dose
  - Internal dose measurement
    - Direct measurement of the internal dose

## **Conventional Exposure Assessment** (Indirect)

- Questionnaire data
- Measurement or estimation of concentrations in the various environmental media
- Assumptions of media contact or intake routes—yield a value of applied dose



### Predicting Levels of Toxicants in People Using Environmental Monitoring Is Very Difficult and Includes Many Assumptions



#### Biomonitoring Approach to Exposure Assessment

- Provides direct measure of exposure—can integrate exposures from multiple pathways and sources
- Decreases uncertainty inherent in exposure assessment by conventional method
- Provides a more biologically relevant measure of true exposure

## **Exposure Pathway**



**Exposure Assessment** 

# **INSTEAD OF PREDICTING,**

# MEASURE LEVELS OF TOXICANTS IN PEOPLE



### Herbicide : Defoliant

# 2,4,5-Trichlorophenoxyacetic Acid \* + 2,4-D in Diesel Oil

### \* 2,3,7,8-TCDD contaminant



#### The Agent Orange Vietnam Veteran Ranch Hand Dioxin Exposure Index was Not Correlated with Serum Dioxin Levels



## INTRODUCTION

- PCDDs, PCDFs, PCBs and POPs in general are lipophilic compounds
- Bioaccumulate up the food chain to humans
- Can be measured in lipid stores of the human body
- Exposure to humans primarily through food of animal origin (95%)

#### PCDDs, PCDFs, and PCBs— What We Know

Ubiquitous environmental contaminants

Higher in industrialized societies

Lipophilic compounds

- Distributed equally in the lipid stores of the body
- Increase with age

#### TCDD Half-life in Different Animal Species and People



### Mean Concentration of PCDDs by Adipose Tissue Location (11 individuals)



#### Serum TCDD Levels are Highly Correlated with Adipose Tissue Dioxin Levels



Source: Patterson et al. Arch Environ Contam Toxicol 17:139–143 (1988)

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Analytical measurement process for PCDDs, PCDFs, and PCBs in human samples

### Analysis of Human Samples for Dioxin-Like Chemicals

- Selective sample preparation
- High resolution gas chromatography/high resolution mass spectrometry (~ \$500,000)
- Isotope dilution quantification
- Results reported based on lipid content of the sample







#### Major Disadvantage in Adipose Tissue Studies

 Surgical procedure required to obtain adipose tissue samples

# LOW PARTICIPATION RATE

## Major Problem in Developing a Serum Method

	Percent Lipid	TCDD Conc.
Adipose Tissue	~ 95	ppt
Serum	~ 0.6	ppq

#### Major Challenge in Measuring PCDDs, PCDFs, PCBs in Human Samples

#### Need for extensive quality assurance program

- To be sure are measuring the correct congener
- To be sure that the amount measured is correct

#### Quality Control Chart for 2,3,7,8-Dioxin from 1985–1990



All persons from industrialized societies have levels of PCDDs, PCDFs, and PCBs in their bodies

Therefore, before what is 'abnormal' can be determined, what is 'normal' must be defined

#### National Report on Human Exposure to Environmental Chemicals

#### • What it is:

 An ongoing (every 2 years) biomonitoring assessment of the exposure of the U.S. population to selected environmental chemicals

 Matrices monitored: Urine, blood and its components



# Chemicals in 4th Report ~265 Chemicals

- Metals
- Polychlorinated biphenyls, dioxins, and furans
- Organochlorine
  pesticides
- Carbamate pesticides
- Organophosphorous pesticides
- Pyrethroid pesticides
- Herbicides
- Polycyclic aromatic hydrocarbons
- Phthalates
- Phytoestrogens

- Pest repellants
- Cotinine
- Perfluorinated chemicals
- Brominated flame retardants
- VOCs
- Perchlorate
- Bisphenol A and alkylated phenols
- Triclosan, parabens, acrylamide
- Sunscreen agent
- Speciated arsenic





www.cdc.gov/exposurereport

#### NHANES 2001/2002 U.S. Reference Range 90th Percentile for Gender and Age Group Total TEQ (2005 TEFs) (95% Confidence Intervals)



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#### AUTOMATION IS ABSOLUTELY ESSENTIAL TO CONDUCT <u>LARGE SCALE</u> EXPOSURE ASSESSMENTS OR EPIDEMIOLOGICAL STUDIES

## **MATERIALS AND METHODS**

- Integrated, automated sample extraction (SPE), clean-up (Power-Prep), and automated evaporation systems manufactured by Fluid Management Systems (FMS) in Waltham, MA
- Extracts measured by isotope-dilution GChigh resolution mass spectrometry on MAT 95XPs and more recently Thermo Scientific DFS HRMS


## "DFS 10<sup>th</sup> BIRTHDAY"

- Prior to 2006 the Centers for Disease Control and Prevention used the MAT 95XP HRMS instruments for all the human analytical measurments
- In 2006, the Centers for Disease Control and Prevention purchased their first Thermo Scientific DFS instrument
- Over the recent years the MAT 95XP instruments were all replaced with 12 Thermo Scientific DFS instruments

## Thermo Scientific DFS Happy 10<sup>th</sup> Birthday!!



### ...and our customers confirm it!! – Study by CDC

### CDC Talk and Poster at Dioxin 2006 in Oslo

#### THE USE OF VARIOUS GAS CHROMATOGRAPHY AND MASS SPECTROMETRY TECHNIQUES FOR HUMAN BIOMONITORING STUDIES

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- DFS up to **5 times** more sensitive than MAT95 on standards
- DFS up to 3 times more sensitive than MAT95 on real sample



## Mass Spectrometer Hardware Improvements

- MAT 95XP HRMS (10,000 RP, Six MID Groups)
- New Thermo Electron DFS HRMS (13,000 RP, Six MID Groups)
- 100 Background Level Serum Sample Extracts Measured for 21 PCDD/PCDF/cPCB Congeners

## **Results for New DFS HRMS**

- Instrument DLs for 21 PCDD/PCDF/cPCB Congeners
  - 5 Fold lower IDLs than MAT 95XP
- 100 Serum sample extracts measured on MAT 95XP and the DFS HRMS
  - 3 Fold improvement in MDL for all congeners
  - Reason for difference from 5 fold to 3 fold is chemical noise and matrix effects

#### 20 fg TCDD Standard by GC-IDHRMS



Relative Abundance

Relative Abundance





# Why so many high quality measurements over ~30 years?

- Ruggedness and high sensitivity of the MAT 95XPs and over the past ~10 years the DFS HRMS
- Ruggedness and flexibility of the FMS system due to its design
  - Each sample prepared in a totally separate module
  - Each module uses its own separate disposable columns
  - No 'cross talk' (carryover) between modules

## We need better (lower) sensitivity

# What Drives the Quest for Lower and Lower Detection Limits?

- Just what analytical scientists do!
- Declining environmental / human levels
   Higher false positive false negative rates
- Better "statistical power" for epidemiological studies
  - Higher "power" for same number of participants
  - Same "power" for smaller number of participants
    - Cost savings

## 2,3,7,8-TCDD Levels in Pooled Human Serum (Atlanta, GA)



## **Measurement Uncertainty**





# What Drives the Quest for Lower and Lower Detection Limits?

- Question: Is there a threshold for human toxicity?
  - How many molecules are important?

### Human Life Stages



## Need for Sensitivity Improvement

Very young children and babies
"Finger Stick" Blood drops
Dried Blood Spots
Urine
Meconium

**Elderly people** 

Sick people

## MEASUREMENT OF POPs IN DRIED BLOOD SPOTS

- Routinely Collected From Newborns in all States in the U. S.
  - Genetic Testing eg. PKU

 Stored by State Health Departments for Decades

#### **Analytical Background**

Dried Blood Spot analysis for POPs
Small Sample (≤ 100 ul Serum)
Limited sample size
Extremly low analyte amounts







## Cryogenic Zone Compression of GC Analyte Peaks Prior to MS Ionization

## **Loop Modulator**

**Delay Loop** 



## <sup>12</sup>C-2378-TCDD Standard GCxGC-HRMS, Loop Modulator



Time (min)

## <sup>12</sup>C-2378-TCDD Standard



313 ag <sup>12</sup>C-2378-TCDD (S/N>400, 4 Sigma)

**Maximal sensitivity** 

Linear calibration : 0.313, 0.625, 1.25, 2.5, 10, 20 fg/µl

m/z 321.8936 [M+2] only

## 2,3,7,8-TCDD by CZC-HRMS



WHAT DOES THE FUTURE **LOOK LIKE?** New approach on the DFS: **Time-Controlled** Cryogenic Zone **Compression (T-CZC) GC-HRMS** 

Paper P-0012

### ACKNOWLEDGEMENTS Timed Cryogenic Zone Compression Team

Heinz Mehlmann--Thermo Dirk Krumwiede--Thermo Jef Focant--University of Liege Andreas Sjodin--CDC Wayman Turner—CDC Retired Donald G. Patterson Jr.--Consultant

## History

- R&D work at CDC Atlanta
- HRMS with GCxGC
- Short column
- Long modulation times
- The entire peak is cryo-trapped in one single event.

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Cryogenic zone compression for the measurement of dioxins in human serum by isotope dilution at the attogram level using modulated gas chromatography coupled to high resolution magnetic sector mass spectrometry

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ABSTRACT

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EL!

Cryogenic zone compression (CZC) Comprehensive two-dimensional gas chromatography (GC × GC) High resolution mass spectrometry (HRMS) Dioxins DDE BB153 Human serum Dried-blood spot (DBS) A liquid nitrogen jet-cooled thermal modulator dedicated to comprehensive two-dimensional gas chromatography has been mounted in a GC oven coupled to a high resolution magnetic sector mass spectrometry instrument. The data acquisition parameters of the slow double-focusing magnetic sector MS instrument have been optimized to accommodate the description of the narrow modulated GC peaks. Acquisition rates were increased to 20 Hz, while maintaining high mass resolution. Selected ion monitoring (SIM) descriptors, typically including several ions for both native and labeled analytes, were thus reduced to one or two to ensure enough MS cycle time. For maximization of the sensitivity enhancement due to cryogenic zone compression (CZC), the entire GC peak of interest was trapped and remobilized in one event. Optimization of the method resulted in the ability to detect low attogram (ag) amounts of 2.3.7.8-tetrachlorodibenzo-p-dioxin (2.3.7.8-TCDD) (313 ag gives a S/N of 400:1), a level that had not yet been attained using classical GC-HRMS. An isotope-dilution calibration curve was constructed using <sup>12</sup>C<sub>12</sub>-2,3,7,8-TCDD as the internal standard over the range of 500 ag/µL to 35,000 ag/µL (R2=0.9953). Analyses of a standard natural human reference serum-matrix NIST SRM 1589a containing 223 ag of 1,2,3,7,8-pentachlorodibenzo-p-dioxin (1,2,3,7,8-PeCDD) (70% recovery rate assumed) resulted in a peak with a S/N of 188:1 (4 sigma, m/z= 355.8546). Measurement of 2,2-bis (4-chlorophenyl-1,1,1trichloroethane) (DDE) and 2,2',4,4',5.5'-hexabromobiphenyl (BB-153) in human dried-blood spot (DBS) samples is also reported to illustrate the usefulness of such a sensitive technique. Finally, some of the challenges related to sample preparation, blank levels, and to the fact of measuring of such a limited number of molecules (less than 600,000 TCDD molecules) are discussed.

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#### t-CZC paper at: http://pops.thermo-bremen.com

As featured in Chromatography Today February / March 2012

#### Time Controlled Cryogenic Zone Compression (T-CZC): A Novel Gas Chromatographic Tool for Increasing Sensitivity

by Dirk Krumwiede, Heinz Mehlmann, Kyle D'Silva

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The analysis of semi-volatile trace contaminants represent a unique challenge to the analytical chemist. Modern techniques of gas dromatography and mass spectrometry have reduced instrumental limits of detection from the nanogram range in the 1970s, using packed chromatography columns and quadrupole mass spectrometry; to the low femtogram range during the twenty-first century, using apillary columns coupled to high resolution or tandem guadrupole mass spectrometers [1].

Some compounds which require such low levels of detection are chlorinated dioxing and furane; a group of structurally similar help-prosnic compounds, which are of great interest because some of these conceners are extremely toxic, persistent and bioaccumulative [2]

For such compounds low limits of detection can now be achieved in many sample types with the combination of sensitive mass spectral detection and careful dromatography. Generally, when even lower limits of detection are required, the analytical chemist has the possibility of combining increasingly selective sample preparation together with significantly increased sample size

However, when sample sizes are small, and esidue levels are low, a unique analytical

challenge is presented, such as with dried blood spot (DBS)analysis. Typical DBS sample sizes can be small, only 50-150 µL [3]. Residue levels are very low, especially for lipophilic compounds like dioxins, and there is no opportunity to scale up sample size to achieve low limits of detection. Usually this challenge would predude the analysis of dioxins and furans in such samples. However, large archives of dried blood spot samples exist in hospitals globaly. These are routinely sampled from children at birth in many countrés [3]. These samples present an unprecedented sample resource for epidemiological and toxicological studies of population background exposure to dioxina and furans, providing these significant analytical challenges can be overcome.

Cryogenic peak modulation is a well

established technique used for comprehensive GCxGC applications since 1991 4]. In GCxGC a cycogenic modulator continuously and rapidly traps and releases the eluent from a first dimension column onto another short second dimension column in a very narrow band. The combination of two different column phases for the first and second dimension results in a substantial increase of chromatographic separation power. This is due to combined chromatographic selectivity, cryogenic peak focusing and fast second dimension chromatography. Each first dimension driomatographic peak is modulated and several second dimension dromatograms are obtained (Figure 1); dedicated software tools allow to construct two-dimensional chromatograms for data evaluation. This



Figure 1: Cryogenic signal enhancement in CZC (#ft figure) versus GCxGC (right figure

#### In Google:

- type "POPs" & "Thermo"

#### - first hit is this page

#### Chromatography Today February / March 2012

### Timed CZC - Principle



## Timed CZC - Principle



### CZC Peak Zone Compression – basic effect



## Time controlled CZC: targeted cryofocusing





H. Mehlmann—Paper—P-0012

## **Conclusions t-CZC**

- Clear gain in sensitivity.
- Combination of t-CZC and standard measurement possible.
- Free choice of analytes to be cryo-focused.
- Switching from normal to t-CZC without hardware change.
- No special software needed for chromatograms nor quantification.
- Very low CO<sub>2</sub> consumption compared to GCxGC.
- Use of standard columns.

## **Conclusions t-CZC**

• A lot of work yet to do Ion statistics (isotope ratios) Repeatability LODs in matrix – Hardware - Software **Blanks Ruggedness for large studies** Scan speeds & dwell times Many more
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