# **Coronavirus testing for university campuses:** get the facts





# **SARS-CoV-2** and PCR testing

- SARS-CoV-2 is the coronavirus that causes COVID-19
- PCR-based coronavirus tests measure the level of SARS-CoV-2 viral RNA in a sample
- There are several different sample types for PCR testing, such as nasal swabs and saliva
- PCR-based testing is the gold standard for coronavirus detection

#### Vaccination by the numbers\*

 Most universities in the United States currently do not require students to be vaccinated against COVID-19 for the upcoming fall semester [1]



# Variants are on the rise

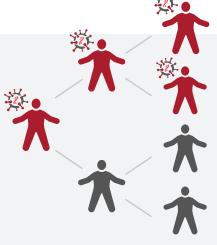
- Like all viruses, SARS-CoV-2 has mutated into variant strains [4]
- These include variants that are more transmissible than the original virus, such as the Delta variant



- Less than half of the American population is fully vaccinated [2]
  - In some states, that number is as low as 34% [2]
- Young adults are **even less likely** than the eligible general population to be vaccinated [3]

\* As of August 2021.

# Return to "normalcy" means higher risk of viral spread



• Campus populations are **expected to increase** this fall compared to the last academic year [6]

- Students will be living and learning in close quarters

 Student-athletes are at an increased risk of exposure to COVID-19 due to traveling and frequent contact with students from other universities

- The Delta variant is currently the dominant form of the virus in the U.S. [5]
- It is unknown whether currently available vaccines will remain effective against **future variants yet to emerge**

# **Breakthrough infections continue to occur**

- Breakthrough infections are defined as SARS-CoV-2 infection among the fully vaccinated [7]
- Breakthrough infections have resulted in further viral spread and can put immunocompromised community members at risk
- There is concern that they could also result in "long COVID"—long-term health effects resulting from infection [8]

# The continued need for testing during the 2021/2022 academic year



An adaptable testing strategy of all university students, regardless of vaccination status, will be an important tool in providing proactive, as opposed to reactive, responses to any potential outbreaks on campus, such as:

- Arrival testing to help ensure students are COVID-19-free upon return to campus
- Routine testing to help mitigate spread among the student population
  - For example, some prominent U.S. universities have recently mandated regular testing of all students, regardless of vaccination status [9,10]
- On-site PCR testing to quickly determine whether a student with symptoms has COVID-19

Please refer to the CDC website for the latest COVID-19 testing guidelines.

#### References

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