Real-Time PCR Detection of *Listeria monocytogenes* in Food and Environmental Samples USER GUIDE

DNA isolation using spin-column-based methods and automated magnetic bead-based technology

for use with: PrepSEQ[™] Nucleic Acid Extraction Kit KingFisher[™] Flex Purification System with 96 Deep-Well Head MagMAX[™] Express-96 Magnetic Particle Processor PrepSEQ[™] Rapid Spin Sample Preparation Kit – Bead Beating PrepSEQ[™] Rapid Spin Sample Preparation Kit – Extra Clean & Bead Beating MicroSEQ[™] Listeria monocytogenes Detection Kit Applied Biosystems[™] 7500 Fast Real-Time PCR Instrument RapidFinder[™] Express Software v2.0 or later

Catalog Numbers 4480466, 4428176, 4464654, 4468304, 4403874 Publication Number MAN0030109 Revision C



ABI 29/05–12/11 ALTERNATIVE ANALYTICAL METHODS FOR AGRIBUSINESS http://nf-validation.afnor.org/en



Revision history: MAN0030109 C (English)

Date	Description	
10 April 2025	The EN ISO references for 7218:2007 and 22174:2005 were updated to reflect the 2024 version with new title— Microbiology of the food chain.	
6 August 2024	Troubleshooting was added for possible instance of varying morphology of PCR pellets.	
10 November 2023	New document that combines the PrepSEQ [™] Nucleic Acid Extraction Kit workflow and PrepSEQ [™] Rapid Spin Sample Preparation Kit – Bead Beating and Extra Clean Bead Beating workflows for the <i>Listeria monocytogenes</i> target.	
	This document supersedes:	
	Real-Time PCR Detection of Listeria in Food and Environmental Samples User Guide (Automated DNA Isolation, AFNOR) (Pub No. MAN0014451)	
	 Real-Time PCR Detection of Listeria in Food and Environmental Samples User Guide (Spin-Column DNA Isolation, AFNOR) (Pub No. MAN0014452) 	
	10 April 2025 6 August 2024 10 November	

The information in this guide is subject to change without notice.

DISCLAIMER: TO THE EXTENT ALLOWED BY LAW, THERMO FISHER SCIENTIFIC INC. AND/OR ITS AFFILIATE(S) WILL NOT BE LIABLE FOR SPECIAL, INCIDENTAL, INDIRECT, PUNITIVE, MULTIPLE, OR CONSEQUENTIAL DAMAGES IN CONNECTION WITH OR ARISING FROM THIS DOCUMENT, INCLUDING YOUR USE OF IT.

Trademarks: All trademarks are the property of Thermo Fisher Scientific and its subsidiaries unless otherwise specified. AFNOR and NF VALIDATION are trademarks of Association Française de Normalisation (AFNOR).

©2023-2025 Thermo Fisher Scientific Inc. All rights reserved.

Contents

CHAPTER 1	Overview	6
Requ	eral overview uired materials Materials for enrichment of food samples Materials for magnetic bead-based DNA isolation Materials for spin column-based DNA isolation Materials for PCR detection	7 7 8 10
CHAPTER 2	Enrich food or environmental samples	13
Guid	lelines for sample enrichment	13
Enric	ch food samples	13
Enric	ch environmental swab samples	14
Enric	ch environmental sponge samples	14
	Isolate DNA with PrepSEQ [™] Rapid Spin Sample Kit – Bead Beating	15
Worł	‹flow	15
Guid	lelines for DNA isolation	15
	PCR-clean water	15
	Position of the spin column/tube assembly in the microcentrifuge	16
	For high-fat samples: remove fat layer before lysis	16
	te DNA – standard protocol	
	Before each use of the kit	
	Filter 750 μ L of enriched culture through the spin column (with zirconium beads)	
	Wash the pellet	
	Lyse the sample	
	te DNA — extra-clean protocol	
	Filter 750 μL of enriched culture through the spin column (without zirconium beads)	
	Resuspend the pellet, transfer to zirconium beads, then centrifuge	
	Lyse the sample	

	CHAPTER 4 Isolate DNA with the PrepSEQ [™] Nucleic Acid Extraction Kit	. 20
	Workflow	20 20 21 21 21 21 21 21 22 22 22
	CHAPTER 5 Perform PCR with the MicroSEQ [™] Listeria monocytogenes Detection Kit and RapidFinder [™] Express Software Important procedural guidelines for PCR Software Sample handling MicroAmp [™] tube strips Create or edit a run file in RapidFinder [™] Express Software Prepare the assay beads Set up the PCR reactions Load and run the reactions View results and data analysis	. 24 . 24 . 26 26 . 27 . 27 . 28
	CHAPTER 6 Recommended confirmation methods	29
	APPENDIX A Troubleshooting	30
1	APPENDIX B Supplemental information	34
	Kit specificity	34 . 36
	APPENDIX C Safety	37
	Chemical safety Biological hazard safety	

APPENDIX D Documentation and support	. 39
Food safety support	39
Customer and technical support	39
Related documentation	39
References	41





IMPORTANT! Before using these products, read and understand the information in the "Safety" appendix in this document.

General overview

This guide describes the following NF VALIDATION[™] by AFNOR[™] Certification workflows for detection of *Listeria monocytogenes* in food and environmental samples:

- 1. Enrichment of 25 g food samples or environmental samples in Half Fraser Broth.
- 2. For automated DNA isolation, a secondary enrichment of 100 μ L of the primary enrichment culture in Fraser Broth.
- 3. Preparation of PCR-ready DNA using one of the following methods.
 - Spin-column-based preparation of PCR-ready DNA using a PrepSEQ[™] Rapid Spin Sample Preparation Kit.

Note: During the NF VALIDATION[™] studies, all meats were treated with the extra-clean protocol.

Choose a kit and protocol according to sample type (see Table 1).

Table 1 Sample types, recommended PrepSEQ[™] spin-column kits, and protocols

Sample type	Recommended kit	Recommended protocol
fat ^[1]	PrepSEQ [™] Rapid Spin Sample Preparation Kit – Bead Beating (Cat. No. 4464654)	Standard protocol (page 16)
fat content ^[1]	PrepSEQ [™] Rapid Spin Sample Preparation Kit – Extra Clean & Bead Beating (Cat. No. 4468304)	Extra-clean protocol (page 18)

^[1] See "NF VALIDATION™ by AFNOR™ Certification" on page 34 for validated matrices.

- Automated preparation of PCR-ready DNA using the PrepSEQ[™] Nucleic Acid Extraction Kit (Cat. No. 4480466; 4428176) and the KingFisher[™] Flex Purification System with 96 Deep-Well Head or the MagMAX[™] Express-96 Magnetic Particle Processor. The KingFisher[™] Flex Purification System with 96 Deep-Well Head and the MagMAX[™] Express-96 Magnetic Particle Processor enable high-throughput sample processing in a 96-
- 4. Real-time PCR detection of *Listeria monocytogenes* DNA using the MicroSEQ[™] Listeria monocytogenes Detection Kit, and RapidFinder[™] Express Software on the Applied Biosystems[™] 7500 Fast Real-Time PCR Instrument.
- 5. Confirmation testing of positive samples.

well format with minimal handling.

Go to thermofisher.com/foodsafety for a list of workflows for detection of Listeria.

Required materials

Unless otherwise indicated, all materials are available through the Thermo Fisher Microbiology ordering process or **thermofisher.com**. MLS: Fisher Scientific (fisherscientific.com) or other major laboratory supplier.

Catalog numbers that appear as links open the web pages for those products.

Note: Parts may ship separately depending on configuration and storage conditions.

Materials for enrichment of food samples

Item	Source
Homogenizer laboratory blender or diluter, one of the following or equivalent:	
Homogenizer Laboratory Blender	DB5000A
 Diluflux[™] Pro Automated Gravimetric Dilutor with simple (non-robotic) dispensing arm 	DB4100A
 Diluflux[™] Pro Automated Gravimetric Dilutor with robotic dispensing arm 	DB4150A
Sample enrichment bags, one of the following or equivalent:	
• BagFilter™ 400 (400 mL)	DB4011A
 BagPage[™] 400 (400 mL) 	DB4012A
• BagLight™ 400 (400 mL)	DB4013A
• RollBag™ 1300 (1300 mL)	DB4014A
Other equipment:	
Incubator	
Consumables	
For environmental samples only:	
Swab, cotton	



(continued)

Item	Source
15-mL conical tubes	MLS
Reagents	
Dey Engley (D/E) Neutralizing Broth (for swab or sponge samples collection)	R453042
Oxoid [™] Fraser Broth Base (Dehydrated)	CM0895
Oxoid [™] Fraser Supplement ^[1]	SR0156E
Oxoid [™] Half Fraser Supplement ^[2]	SR0166

^[1] Add supplement to Fraser Broth Base according to manufacturer's recommendation to prepare Fraser Broth.

^[2] Add supplement to Fraser Broth Base according to manufacturer's recommendation to prepare Half Fraser Broth (also referred to as Demi-Fraser Broth).

Materials for magnetic bead-based DNA isolation

Table 2	PrepSEQ™	Nucleic Acid	Extraction Kit	

Contents	Cat. No. 4480466 (100 reactions)	Cat. No. 4428176 (300 reactions)	Storage ^[1]
Lysis Buffer	2 × 50 mL	6 × 50 mL	
Magnetic Particles	2 × 1.5 mL	6 × 1.5 mL	
Binding Solution (Isopropanol) ^[2]	1 empty bottle	3 empty bottles	15°C to 30°C
Wash Buffer Concentrate ^[3]	2 × 26 mL	6 × 26 mL	
Elution Buffer	25 mL	3 × 25 mL	
Proteinase K (PK) Buffer	50 mL	3 × 50 mL	
Proteinase K, 20 mg/mL	1.25 mL	3 × 1.25 mL	–25°C to –15°C

^[1] See the expiration date on the box.

 $^{[2]}\;$ Add ~35 mL of 100% isopropanol to the empty bottle before use.

^[3] Add 74 mL of 95% ethanol before use.

Table 3 Magnetic particle processor

Item	Source
KingFisher [™] Flex-96 instrument and accessories	
KingFisher [™] Flex Purification System with 96 Deep-Well Head	A32681, 96 deep-well plate, or equivalent ^[1]
KingFisher™ 96 Deep-Well Plate, V-bottom	95040450
KingFisher™ 96 KF microplates (200 µL)	97002540
KingFisher [™] Flex 96 Deep-Well Heating Block	24075430



Item	Source
KingFisher [™] 96 tip comb for deep-well magnets	97002534
Finntip™ Filtered Pipette Tips	94052320 or equivalent
MagMAX [™] Express-96 instrument and accessories	
MagMAX [™] Express-96 Deep Well Magnetic Particle Processor	Contact your local sales representative.
MagMAX [™] Express-96 Deep Well Plates	4388476
MagMAX™ Express-96 Standard Plates	4388475
MagMAX™ Express-96 Deep Well Tip Combs	4388487

[1] Operation of the KingFisher[™] Flex Purification System with 96 Deep-Well Head can also be controlled with BindIt[™] Software (included) run on an external computer.

Table 4 Other materials not included in the PrepSEQ[™] Nucleic Acid Extraction Kit

Item	Source	
Equipment		
96-Well Magnetic-Ring Stand	AM10050	
Block heater, 37°C	MLS	
Laboratory mixer (vortex or equivalent)	MLS	
Pipettors: Positive-displacement Air-displacement Multichannel 	MLS	
(Optional, but recommended) Plate centrifuge	MLS	
Consumables		
Disposable gloves	MLS	
Micropipette tips, aerosol-resistant	MLS	
<i>(Optional)</i> MicroAmp [™] Clear Adhesive Film	4306311	
Reagents		
Ethanol, 95%	MLS	
Isopropanol, 100%	MLS	
Nuclease-Free Water (not DEPC-Treated)	AM9938	



Materials for spin column-based DNA isolation

Select the PrepSEQ[™] Rapid Spin Sample Preparation Kit appropriate for your sample type.

Table 5 PrepSEQ[™] Rapid Spin Sample Preparation Kit – Bead Beating (100 reactions, Cat. No. 4464654)

Contents	Amount	Storage ^[1]	
Spin columns	100	Room temperature (23±5°C)	
Microcentrifuge tubes, zirconium beads, 1.5 mL	100		
Lysis Buffer, 1 bottle	5 mL	5±3°C	

^[1] See the expiration date on the box.

Table 6 PrepSEQ[™] Rapid Spin Sample Preparation Kit – Extra Clean & Bead Beating (100 reactions, Cat. No. 4468304)

Contents	Amount	Storage ^[1]	
Spin columns	100		
Microcentrifuge tubes, 1.5 mL	100	Room temperature (23±5°C)	
Microcentrifuge tubes, zirconium beads, 1.5 mL	100		
Lysis Buffer, 1 bottle	5 mL	5±3°C	

^[1] See the expiration date on the box.

Table 7 Required materials not included in the PrepSEQ[™] Rapid Spin Sample Preparation Kit

Item	Source
Equipment	
Block heater, 95°C	MLS
Rack for 1.5-mL tubes	MLS
Benchtop microcentrifuge	Eppendorf 5415 D or equivalent
Laboratory mixer, Vortex or equivalent	MLS
Vortex-Genie™ Vortex Mixer	MLS
Vortex Adaptor ^[1]	Fisher Scientific NC0070788
Pipettors: Positive-displacement Air-displacement 	MLS

Item	Source	
Additional consumables		
Disposable gloves	MLS	
Micropipette tips, aerosol-resistant	MLS	
Reagents		
Nuclease-Free Water (not DEPC-Treated)	AM9938	

^[1] Cat. no. AM10024 (not available for sale) can also be used.

Materials for PCR detection

Table 8 MicroSEQ[™] Listeria monocytogenes Detection Kit (96 reactions; Cat. No. 4403874)

Contents	Amount	Storage	
Listeria monocytogenes Assay Beads, 8-tube strips in rack (blue rack)	12 strips (96 tubes)	5±3°C Protect from light and	
MicroAmp [™] Optical 8-Cap Strips	12 strips (96 caps)	moisture. ^[1]	
Pathogen Detection Negative Control (red cap) ^[2]	1.5 mL	5±3°C	

^[1] Excessive exposure to light may affect the fluorescent probes. To protect the beads from moisture, do not remove the desiccant from the pouch, and seal the pouch tightly each time you remove assay bead strips.

^[2] The Pathogen Detection Negative Control is included in a separate box and may be shipped separately.

Item	Source		
Instruments and equipment			
Applied Biosystems™ 7500 Fast Real-Time PCR Instrument	A30304 (desktop)		
	A30299 (laptop)		
	Contact your local microbiology sales representative.		
RapidFinder™ Express Software v2.0 or later	Download the latest version at thermofisher.com/ rapidfinder-express-software		
7500 Fast Precision Plate Holder for MicroAmp [™] Tube Strips	A29252		
MicroAmp™ 96-Well Base	N8010531		
MicroAmp™ Cap Installing Tool	4330015		
MicroAmp™ Multi-removal Tool	4313950		
Benchtop microcentrifuge with 8-tube strip adapter			
or	MLS		
Plate centrifuge			



Item	Source		
Laboratory mixer (vortex mixer or equivalent)	MLS		
Pipettors: • Positive-displacement • Air-displacement • Multichannel	MLS		
Consumables			
Aerosol-resistant pipette tips	MLS		
Disposable gloves	MLS		
MicroAmp [™] Fast 8-Tube Strip, 0.1-mL ^[1]	4358293		
MicroAmp [™] Optical 8-Cap Strip, 300 strips ^[1]	4323032		
Reagents			
Nuclease-Free Water (not DEPC-Treated)	AM9938		

^[1] Required to evenly distribute the clamping load applied to the tube strips during PCR processing. Do not use other tube strips, which could result in crushed tubes.



Enrich food or environmental samples

Guidelines for sample enrichment

- Use proper aseptic technique while handling samples to avoid cross-contamination.
- Use a forced air incubator and ensure sufficient space between enrichment bags to allow for air flow.

Enrich food samples

Prepare the enrichment broth according to DNA isolation method and manufacturer recommendations.

- Spin-column and magnetic bead-based—To prepare Half Fraser Broth, add Oxoid[™] Half Fraser Supplement to Oxoid[™] Fraser Broth Base (Dehydrated).
- Magnetic bead-based—To prepare Fraser Broth, add Oxoid[™] Fraser Supplement to Oxoid[™] Fraser Broth Base (Dehydrated).
- 1. Add 225 mL of Half Fraser Broth to 25 g (or 25 mL) of food sample.
- **2.** Homogenize the sample in a homogenizer bag as described in the following table. A filtered bag may be used for enrichment of samples with particulates.

For these food types	Homogenize by
Coarse or soft food types ^[1]	Process for 1 minute in a laboratory blender.
 Liquids or powdered foods^[1] Solid foods^[2,1] 	Hand squeeze the bag 5–10 times.

^[1] See "NF VALIDATION™ by AFNOR™ Certification" on page 34 for validated matrices.

^[2] Spin-column DNA isolation only

- 3. Incubate the sample according to DNA isolation method:
 - Spin-column—Incubate the sample for 24–28 hours at 37±1°C under static conditions.
 - Magnetic bead-based—incubate the sample for 24–28 hours at 30±1°C under static conditions.
- 4. Magnetic bead-based—For the secondary enrichment step, transfer 100 μL of the primary enrichment culture to 9.9 mL of Fraser Broth, then incubate the sample for 16–24 hours at 37±1°C under static conditions.



Enrich environmental swab samples

Prepare the enrichment broth according to DNA isolation method and manufacturer recommendations.

- Spin-column and magnetic bead-based—To prepare Half Fraser Broth, add Oxoid[™] Half Fraser Supplement to Oxoid[™] Fraser Broth Base (Dehydrated).
- Magnetic bead-based—To prepare Fraser Broth, add Oxoid[™] Fraser Supplement to Oxoid[™] Fraser Broth Base (Dehydrated).
- 1. Prewet the swab with 0.5 mL of D/E Neutralizing Broth, if necessary, then wipe the surface area to be tested.
- 2. Add the swab to 10 mL of Half Fraser Broth in a 15-mL conical tube.
- 3. Twirl the swab for approximately 1 minute.
- 4. Incubate the sample according to the DNA isolation method:
 - Spin-column-Incubate the sample for 24-28 hours at 37±1°C under static conditions.
 - Magnetic bead-based—incubate the sample for 24–28 hours at 30±1°C under static conditions.
- Magnetic bead-based—For the secondary enrichment step, transfer 100 μL of the primary enrichment culture to 9.9 mL of Fraser Broth, then incubate the sample for 16–24 hours at 37±1°C under static conditions.

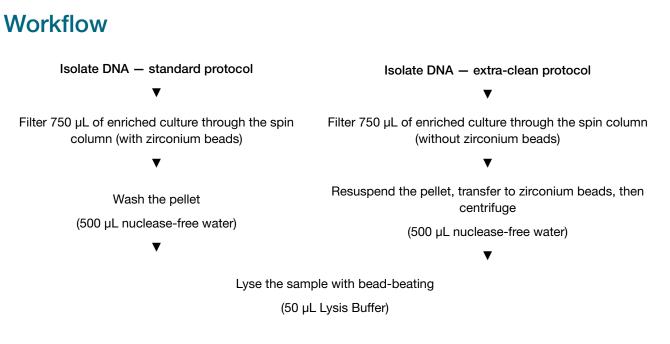
Enrich environmental sponge samples

Prepare the enrichment broth according to DNA isolation method and manufacturer recommendations.

- Spin-column and magnetic bead-based—To prepare Half Fraser Broth, add Oxoid[™] Half Fraser Supplement to Oxoid[™] Fraser Broth Base (Dehydrated).
- Magnetic bead-based—To prepare Fraser Broth, add Oxoid[™] Fraser Supplement to Oxoid[™] Fraser Broth Base (Dehydrated).
- 1. Pre-wet the sponge with 10 mL of D/E Neutralizing Broth, if necessary, then wipe the surface area to be tested.
- 2. Add the sponge to 100 mL of Half Fraser Broth in a homogenizer bag without mesh.
- 3. Hand squeeze the bag 5–10 times.
- 4. Incubate the sample according to DNA isolation method:
 - Spin-column-Incubate the sample for 24–28 hours at 37±1°C under static conditions.
 - Magnetic bead-based—incubate the sample for 24–28 hours at 30±1°C under static conditions.
- 5. Magnetic bead-based—For the secondary enrichment step, transfer 100 µL of the primary enrichment culture to 9.9 mL of Fraser Broth, then incubate the sample for 16–24 hours at 37±1°C under static conditions.



Isolate DNA with PrepSEQ[™] Rapid Spin Sample Preparation Kit – Bead Beating



Guidelines for DNA isolation

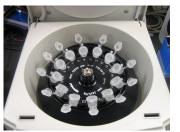
PCR-clean water

Use nuclease-free water for all procedures described in this protocol that require water. Nuclease-free water is considered "PCR-clean" water. In contrast, autoclaved water should not be considered "PCR-clean" water.



Position of the spin column/tube assembly in the microcentrifuge

Place the tube cap hinge toward the inside of the rotor, and position the cap in the opposite direction of rotation.



Incorrect position of tube caps



Correct position of tube caps

For high-fat samples: remove fat layer before lysis

For samples that contain a distinct, top, fat layer following centrifugation, remove the fat layer and supernatant as follows:

Type of fat layer	Fat layer and supernatant removal
Liquid	 Use a P1000 pipettor to remove fat from the top surface by aspirating in a circular motion without disturbing the pellet. Continue to collect our protect form the top surface with all the surgementation is removed.
	 Continue to collect supernatant from the top surface until all the supernatant is removed. Discard the supernatant into a waste container.
Solid	 Use a pipette tip to gently dislodge the fat layer without disturbing the pellet. Aspirate the supernatant from the top surface using a pipettor until all the supernatant is removed. Discard the supernatant into a waste container.

Isolate DNA – standard protocol

This protocol is designed for the PrepSEQ[™] Rapid Spin Sample Preparation Kit – Bead Beating. Ensure that you are familiar with the guidelines on page 15.

Before each use of the kit

- Preheat the block heater to 95°C.
- Label zirconium bead-containing 1.5-mL microcentrifuge tubes as needed.

Filter 750 μ L of enriched culture through the spin column (with zirconium beads)

Gently mix the enriched culture before transferring the sample to the spin column.

- 1. Insert a spin column into a labeled tube, transfer 750 μL of the enriched sample from the filtered side of the enrichment bag to the spin column, and cap the column.
- 2. Microcentrifuge the spin column assembly at $12,000-16,000 \times g$ for about 3 minutes. Follow "Position of the spin column/tube assembly in the microcentrifuge" on page 16.
- 3. Remove the assembly from the microcentrifuge and discard the used spin column.
- 4. Gently aspirate the supernatant without disturbing the pellet, then discard the supernatant. To remove liquid on the sides of the tube, push droplets into the supernatant by circling the inside of the tube with the pipettor before aspiration. (Optional) If necessary, follow "For high-fat samples: remove fat layer before lysis" on page 16.

Wash the pellet

- 1. Add 500 μ L of nuclease-free water to the bead/bacterial pellet, then vortex the sample for about 5 seconds.
- **2.** Microcentrifuge the tube at $12,000-16,000 \times g$ for about 3 minutes.
- **3.** Gently aspirate the entire supernatant without disturbing the bead/bacterial pellet, then discard the supernatant.

The bacterial pellet is a black pellet beneath the zirconium beads.

Lyse the sample

- 1. Add 50 µL of Lysis Buffer to the bead/bacterial pellet.
- **2.** Cap the tube, then bead-beat the sample using the mixer at a speed of 1,700–2,100 rpm for about 5 minutes.

If you are using a vortex adapter on the mixer, follow the manufacturer's instructions for correct orientation of the tubes.

- 3. Microcentrifuge the tube at $12,000-16,000 \times g$ for about 10 seconds to collect the contents at the bottom of the tube.
- 4. Incubate at 97±2°C for about 10 minutes.
- 5. Allow the sample to cool for about 2 minutes at room temperature (23±5°C).
- 6. Microcentrifuge the tube at $12,000-16,000 \times g$ for about 1 minute to collect the contents at the bottom of the tube.

3



- 7. Add 250 µL of nuclease-free water, and mix thoroughly.
- 8. Microcentrifuge the tube at 12,000–16,000 \times *g* for 1–2 minutes to pellet any remaining particulate material.

The microbial DNA is in the supernatant.

Proceed directly to real-time PCR. Alternatively, seal the plate with MicroAmp[™] Clear Adhesive Film and store the DNA in one of the following ways:

- At 5±3°C for up to 24 hours.
- Below –18°C for up to 1 year.

If required, validate storage of the DNA according to EN ISO 20837:2006.

Isolate DNA — extra-clean protocol

This protocol is designed for the PrepSEQ[™] Rapid Spin Sample Preparation Kit – Extra Clean & Bead Beating. Ensure that you are familiar with the guidelines on page 15.

Before each use of the kit

- Preheat the block heater to 95°C.
- Label 1.5-mL microcentrifuge tubes, with and without zirconium beads, as needed.

Filter 750 µL of enriched culture through the spin column (without zirconium beads)

Gently mix the enriched culture before transferring the sample to the spin column.

1. Insert a spin column into a labeled tube *without* zirconium beads, transfer 750 μL of the enriched sample from the filtered side of the enrichment bag to the spin column, and cap the column.

IMPORTANT! Do not use the tube containing zirconium beads.

- 2. Microcentrifuge the spin column assembly at $12,000-16,000 \times g$ for about 3 minutes. Follow "Position of the spin column/tube assembly in the microcentrifuge" on page 16.
- 3. Remove the assembly from the microcentrifuge and discard the used spin column.
- Gently aspirate the supernatant without disturbing the pellet, then discard the supernatant.
 To remove liquid on the sides of the tube, push droplets into the supernatant by circling the inside of the tube with the pipettor before aspiration.

(Optional) If necessary, follow "For high-fat samples: remove fat layer before lysis" on page 16.

Resuspend the pellet, transfer to zirconium beads, then centrifuge

- 1. Add 500 μL of nuclease-free water to the bead/bacterial pellet, and pipette up and down until the pellet is well dispersed.
- Transfer the sample to a 1.5-mL microcentrifuge tube containing zirconium beads. Avoid contact with residual fat on the sides of the tube. Transfer only the nuclease-free water containing the resuspended pellet.
- 3. Microcentrifuge the tube at $12,000-16,000 \times g$ for about 3 minutes.
- 4. Gently aspirate the entire supernatant without disturbing the bead/bacterial pellet, then discard the supernatant.

The bacterial pellet is a black pellet beneath the zirconium beads.

Lyse the sample

- 1. Add 50 µL of Lysis Buffer to the bead/bacterial pellet.
- **2.** Cap the tube, then bead-beat the sample using the mixer at a speed of 1,700–2,100 rpm for about 5 minutes.

If you are using a vortex adapter on the mixer, follow the manufacturer's instructions for correct orientation of the tubes.

- 3. Microcentrifuge the tube at $12,000-16,000 \times g$ for about 10 seconds to collect the contents at the bottom of the tube.
- 4. Incubate at 97±2°C for about 10 minutes.
- 5. Allow the sample to cool for about 2 minutes at room temperature $(23\pm5^{\circ}C)$.
- 6. Microcentrifuge the tube at $12,000-16,000 \times g$ for about 1 minute to collect the contents at the bottom of the tube.
- 7. Add 250 µL of nuclease-free water, and mix thoroughly.
- 8. Microcentrifuge the tube at 12,000–16,000 \times *g* for 1–2 minutes to pellet any remaining particulate material.

The microbial DNA is in the supernatant.

Proceed directly to real-time PCR. Alternatively, seal the plate with MicroAmp[™] Clear Adhesive Film and store the DNA in one of the following ways:

- At 5±3°C for up to 24 hours.
- Below –18°C for up to 1 year.

If required, validate storage of the DNA according to EN ISO 20837:2006.



Isolate DNA with the PrepSEQ[™] Nucleic Acid Extraction Kit

Workflow

Prepare PK Buffer Mix

(10 µL Proteinase K + 140 µL PK Buffer)

▼

Prepare Lysis Buffer Premix

(30 μL Magnetic Particles + 250 μL Lysis Buffer + 325 μL Binding Solution)

▼

Set up the Lysis Plate

(250 µL enriched culture)

▼

Process samples on the instrument

(For KingFisher[™] Flex-96 instrument: *Listeria monocytogenes*: 4428176PrepSEQ_LHF) (For MagMAX[™] Express-96 instrument: *Listeria monocytogenes*: 4428176DWPrepSEQFA)

Before first use of the kit

Prepare Binding Solution and Wash Buffer

Before using a new PrepSEQ[™] Nucleic Acid Extraction Kit, prepare the reagents:

- **Binding Solution**—Add approximately 35 mL of 100% isopropanol to an empty Binding Solution bottle. Label the bottle to indicate that isopropanol is added.
- Wash Buffer—Add 74 mL of 95% ethanol to the Wash Buffer Concentrate bottle, then mix well. Label the bottle to indicate that ethanol is added.

Before each use of the kit

Resuspend Magnetic Particles

IMPORTANT! Mix the particles vigorously before each use to ensure that all salts are dissolved.

White precipitate occasionally forms in the Magnetic Particles tube. Extraction experiments show that formation of precipitate does not affect performance as long as the precipitate is fully dissolved prior to use.

- 1. Incubate the tube of Magnetic Particles at 37±1°C for approximately 10 minutes.
- 2. Vortex for approximately 10 seconds.

Note: If the white precipitate is not completely dissolved after 10 minutes at 37°C, apply longer incubation times and higher temperatures (up to 50°C).

3. Keep at room temperature (23±5°C) until ready for use.

Prepare PK Buffer Mix

1. Combine the following components for the number of samples required.

Component	Volume per sample	Volume for <i>n</i> samples ^[1]
Proteinase K, 20 mg/mL	10 µL	11 µL × <i>n</i>
Proteinase K (PK) Buffer	140 µL	154 μL × <i>n</i>
Total volume per extraction	150 μL	165 μL × <i>n</i>

^[1] Includes 10% overage.

2. Mix well, then use immediately or store on ice until ready to use.

Prepare Lysis Buffer Premix

1. Combine the following components of the number of samples required.

Component	Volume per sample	Volume for <i>n</i> samples ^[1]
Lysis Buffer	250 μL	275 μL × <i>n</i>
Magnetic Particles ^[2]	30 µL	33 µL × <i>n</i>
Binding Solution (isopropanol)	325 µL	357.5 μL × <i>n</i>
Total volume per extraction	605 µL	665.5 μL × <i>n</i>

^[1] Includes 10% overage.

^[2] Resuspended and thoroughly mixed.





2. Mix well and store at room temperature.

Note: The Lysis Buffer Premix is stable at room temperature for up to 2 hours. Mix prior to dispensing.

Set up the Lysis Plate

- 1. Collect the enriched samples from the incubator, then briefly mix the sample tubes.
- 2. Set up the Lysis Plate in a KingFisher[™] 96 Deep-Well Plate or MagMAX[™] Express-96 Deep Well Plate according to the following table.

Component	Sample well	NEC well ^[1]
Prepared PK Buffer Mix	150 μL	150 µL
Enriched sample	250 μL	_
Nuclease-free Water	_	150 µL

^[1] Reserve at least one well per plate containing Nuclease-free Water as a negative extraction control.

Pipette up and down 5 times to mix after addition of enriched sample or nuclease-free water to the PK Buffer Mix.

3. Incubate the Lysis Plate for 15±5 minutes at room temperature.

During the incubation, set up the KingFisher[™] 96 KF microplates or MagMAX[™] Express-96 processing plates as described in the following section.

Set up the processing plates

Set up the processing plates as described in the following table.

Plate	Plate type	Action
Tip Comb	Standard	Place a 96-well deep-well tip comb in a standard plate.
Elution Plate	Standard	Add 100 μ L of Elution Buffer to each sample and control well.
Wash Plate 1	Deep-Well	Add 300 μ L of Wash Buffer to each sample and control well.
Wash Plate 2	Deep-Well	Add 300 μ L of Wash Buffer to each sample and control well.

Process samples on the instrument

After incubation of the Lysis Plate is complete:

- 1. Vortex the prepared Lysis Buffer Premix to ensure even distribution of the Magnetic Particles.
- 2. Add 605 μ L of Lysis Buffer Premix to each well, then pipette up and down 5 times to mix.

3. Select the program on the instrument, then press Start.

Instrument	Organism	Program
KingFisher™ Flex-96	Listeria monocytogenes	4428176PrepSEQ_LHF
MagMAX™ Express-96	Listeria monocytogenes	4428176DWPrepSEQFA

4. Load the prepared plates according to the readout on the instrument, verifying that their orientation is {A1 to A1}.

Plate	Action
Tip Comb	Load the Tip Comb, then press Start.
Elution Plate	Load the Elution Plate, then press Start.
Wash Plate 1	Load the Wash Plate 1, then press Start.
Wash Plate 2	Load the Wash Plate 2, then press Start.
Lysis Plate	Load the Lysis Plate, then press Start.

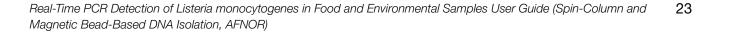
5. When processing is complete, after ~45 minutes ("Enjoy your DNA" is displayed on the screen), remove the Elution Plate from the instrument.

The DNA is in the Elution Plate.

Proceed directly to real-time PCR. Alternatively, seal the plate with MicroAmp™ Clear Adhesive Film and store the DNA in one of the following ways:

- At 5±3°C for up to 24 hours.
- Below –18°C for up to 1 year. ٠

If required, validate storage of the DNA according to EN ISO 20837:2006.







Perform PCR with the MicroSEQ[™] Listeria monocytogenes Detection Kit and RapidFinder[™] Express Software

Important procedural guidelines for PCR

Software

RapidFinder[™] Express Software determines the Run Layout (plate layout) during creation of the run file, therefore it must be set up before distributing DNA samples to the assay beads.

For additional information, refer to the *Applied Biosystems*[™] *RapidFinder*[™] *Express Software Quick Reference* (Pub. No. 4480999) or the online help within the software.

Sample handling

- For spin-column only—If DNA samples were stored before PCR, thaw (if necessary), vortex, then centrifuge at 1,000–2,000 × *g* for approximately 1 minute to remove any condensation from the adhesive film before opening the plate (to avoid cross contamination).
- For magnetic bead-based only—If DNA samples have been stored or the pellet has dispersed, thaw the samples (if necessary), vortex, then centrifuge at 12,000–16,000 × *g* for 1–2 minutes. This step will avoid cross-contamination and exclude particulate matter from the PCR.
- Use a new pipette tip for each sample.
- If you mix the assay beads with the DNA samples by pipetting up and down, keep the pipette tip at the bottom of the tube to minimize aerosol formation and cross-contamination.
- Follow the recommendations in "Good laboratory practices for PCR" on page 36.

Spin-column-For high-fat samples after lysis: collection of DNA sample for PCR

After lysis, food samples with high fat or oil content can form a top layer containing fat and debris over the aqueous phase containing the DNA. Collect the DNA sample for PCR from the clear middle phase, avoiding the top layer and bottom pellet.

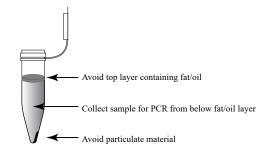


Figure 1 High-fat samples: collect sample from middle phase after lysis

Magnetic bead-based—Avoid fat layer and particulates after sample lysis (collection of DNA sample for PCR)

If you see this in the Elution Plate	Do this
Oil droplets as a top layer	After lysis, food samples with high fat or oil content can form a top layer containing fat and debris over the aqueous phase containing the DNA. Collect the DNA sample for PCR from the clear middle phase, avoiding the top layer and bottom pellet (Figure 2).
Magnetic Particles	 Place the Elution Plate on a 96-well magnetic ring stand for at least 1 minute. Collect the eluate for PCR while the Elution Plate remains on the magnetic stand. Avoid touching the Magnetic Particles.
Particulate residue from food sample	 If the particulate residue is not removed using a 96-well magnetic ring stand: Centrifuge the Elution Plates at about 4000 × <i>g</i> for about 30 seconds in a plate centrifuge. Avoid the particulate residue, and collect eluate for PCR.

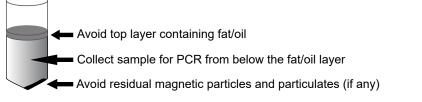


Figure 2 High-fat samples: Collect sample from middle phase after lysis.

MicroAmp[™] tube strips

- Follow these instructions to ensure proper storage of the tube strips:
 - Cut the storage pouch at the notch above the resealable strip.
 - Always reseal the storage pouch with desiccant, and replace at 5±3°C.
- 8-tube strips can be cut apart with scissors.

If necessary, trim any remaining connector material from the cut to allow a better fit against adjacent tubes in the 7500 Fast Precision Plate Holder for MicroAmp[™] Tube Strips.

 MicroAmp[™] Tube Strips are labeled 1–8 on the side of the tubes to orient tube strips during handling.

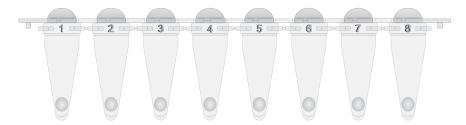


Figure 3 MicroAmp[™] Tube Strip labeling The tube strip is shown with tinted dome caps, as shipped. For PCR, replace the dome caps with the optical cap strips provided in the kit.

If necessary for visual reference from above, mark the tab at one end of the cap strip. Do not mark any of the caps (this could interfere with real-time PCR detection).

- Seal the tubes with the transparent, optical cap strips provided in the kit. Do not use colored caps or tubes for real-time PCR reactions, because they may affect dye-signal readings during real-time PCR.
- Always use intact 8-cap strips, even if empty tubes have been added next to reaction tubes.
- Use the MicroAmp[™] 96-Well Base and the MicroAmp[™] Cap Installing Tool to seal the assay tubes with the optical cap strips. This avoids collapsing, bending, or misaligning the tubes. Confirm that the strips are straight and that each tube is in line with the adjacent tube.
- Use a plate adapter for vortexing the tube strips, or hold the strips in the MicroAmp[™] 96-Well Base while vortexing.

Create or edit a run file in RapidFinder[™] Express Software

On the main page of the RapidFinder[™] Express Software, select **Create/Edit a Run File** , then select the target pathogen, number of samples, replicates, and positive and negative controls for each target at the prompts.

The software determines the sample layout based on the information entered and creates a run file.

Prepare the assay beads

Follow the plate layout determined by the RapidFinder[™] Express Software.

- 1. Transfer the appropriate number of individual tubes or 8-tube strips from the storage pouch to a 96-well base at room temperature (23±5°C).
- 2. If required by the plate layout, place empty MicroAmp[™] Fast 8-Tube Strips (or partial strips) to balance the tray when the assay tubes are placed in the instrument later.

Set up the PCR reactions

For step-by-step instructions, select **Pipette Samples** M on the main page in RapidFinder[™] Express Software.

 If necessary, thaw samples and controls completely, then mix each sample or control thoroughly. If the DNA samples have been stored or the pellet has dispersed, see "Sample handling" on page 24.

If the sample contains oil droplets or food particulate residue, see "Spin-column—For high-fat samples after lysis: collection of DNA sample for PCR" on page 25.

 Following the layout determined by RapidFinder[™] Express Software, add 30 µL of sample or control to each assay bead at room temperature (23±5°C), then mix by gently pipetting up and down a few times.

Beads dissolve in 1–5 seconds.

Alternatively, vortex the assay tubes after they are capped in the final step.

- 3. Seal the tubes with the transparent, optical cap strips provided in the kit.
- 4. Ensure that the reactions are thoroughly mixed: if reactions were not previously mixed during the pipetting step, vortex at high speed for 5–10 seconds.
- 5. Ensure that the reagents are at the bottom of tubes: briefly centrifuge the tube strips at $200-600 \times g$ for about 20 seconds using a centrifuge with a plate adapter or a benchtop microcentrifuge with an 8-strip PCR tube adapter.

IMPORTANT! If needed, repeat the vortex/centrifugation steps to ensure complete mixing of the samples with the assay beads.

Load and run the reactions

In the RapidFinder[™] Express Software, select **Start Instrument Run** on the main page, select the appropriate run file, and follow the software prompts.

1. Use the PCR carry plate to transfer the tubes to the instrument in the same configuration as the run layout.

Use the 7500 Fast Precision Plate Holder for MicroAmp™ Tube Strips in the instrument.

Be sure to load empty low profile PCR tubes as directed by the software (Figure 4).

2. Close the tray to the instrument, and follow the RapidFinder[™] Express Software prompts to start the run.

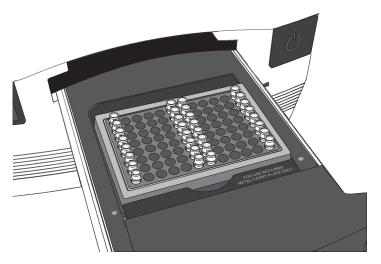


Figure 4 7500 Fast instrument tube layout RapidFinder[™] Express Software directs the user to load empty strip tubes in column 1 (far left) and column 12 (far right), if needed. The empty capped 8-tube strips evenly distribute the clamping load applied to the sample tube strips during processing, thereby minimizing the risk of collapsing any tubes.

View results and data analysis

Data analysis is automated by the software.

In the RapidFinder[™] Express Software, select **View Results [**] on the main page, select the appropriate run file, and follow the prompts to view results.

To display a list of results in table format, click **Table View**. Select a sample, then click **View Details** to see replicate information about samples.



Recommended confirmation methods

In the context of NF VALIDATION[™] by AFNOR[™] Certification, all samples identified as positive by the MicroSEQ[™] Listeria monocytogenes Detection Kit must be confirmed by any of the following means:

- By streaking 100 μL of enrichment broth on Agar Listeria according to Ottaviani and Agosti (O&A). If necessary, subcultures can be performed in Fraser Broth before streaking (10 μL) on O&A agar. Characteristic colonies can be further confirmed by classical biochemical tests.
- Test as described in the NF EN ISO 11290-1 reference method.
- Using an alternate method certified NF VALIDATION[™] by AFNOR[™] Certification, based on a different principle than the MicroSEQ[™] Listeria monocytogenes Detection Kit.
 It is necessary that the complete protocol for the second validated method be performed entirely, which means that the enrichment step that precedes the confirmation step must be common to both methods.

In the event of discordant results (positive with the alternative method, unconfirmed by one of the means described above), the laboratory must follow the necessary steps to guarantee the validity of the obtained result. If a positive PCR result cannot be confirmed by streaking 100 μ L of culture on PALCAM or O&A agar, look at the SDS file and note the C_t value from the specific PCR well. If the well has a FAMTM dye C_t value >34, we recommend repeating the sample extraction. In rare cases, high C_t values can be the result of cross-contamination, in which case, the second extraction should turn out negative.



Troubleshooting

Observation	Possible cause	Recommended action
A visual difference in PCR beads is observed.	PCR pellets can exhibit differences in morphology.	Ensure thorough pipette mixing followed by vortexing on high speed to confirm pellet is in solution. After PCR, if IPC failure is observed, repeat the reaction.
Bacterial pellet is difficult to avoid during removal of supernatant	The sample was left unattended before removal of the supernatant, causing dissipation of the bacterial pellet.	Remove the supernatant immediately following centrifugation.
The PCR was inhibited, as indicated by non- detection of the IPC	Removal of the supernatant was insufficient before addition of Lysis Buffer.	Dilute the sample 1:5 or 1:10 with Nuclease-free Water to dilute PCR inhibitors. If PCR remains inhibited, repeat the sample preparation.
reaction	Filtrate from the spin column was in the sample.	Centrifuge the sample to separate the filter particulates before transferring sample to the PCR.
	The filtrate containing particulate material can inhibit real-time PCR detection.	
Inhibition of downstream PCR, indicated by	Magnetic Particles were in the Elution Plate.	Avoid disturbing the Magnetic Particles during transfer of eluted DNA to the lyophilized assay.
nondetection of IPC reaction		Avoid transfer of Magnetic Particles using one of the following methods <i>(optional)</i> :
		 Place the Elution Plate on the 96-Well Magnetic Ring Stand during transfer of eluted DNA sample to the lyophilized assay.
		 Spin the plate at maximum speed in a plate centrifuge for the equivalent of approximately 4,000 × g for approximately 30 seconds to pellet the Magnetic Particles to the bottom of the plate.
	Elution Plate contained incompletely removed particulate residue from the food sample.	Avoid residue during transfer of eluted DNA to the lyophilized assay.
		<i>(Optional)</i> Spin the plate at maximum speed in a plate centrifuge for the equivalent of approximately $4,000 \times g$ for approximately 30 seconds to pellet the food residue to the bottom of the plate.



Observation	Possible cause	Recommended action
In positive control wells, no IPC signal is detected, but target-specific signal is detected.	A high copy number of target DNA existed in the samples, resulting in preferential amplification of the target-specific DNA.	No action is required. The result is considered positive.
In positive control wells, no target-specific signal is detected.	Positive control was omitted (pipetting error).	Repeat the assay. Make sure to pipette the positive control into all positive control wells.
In negative control wells, no IPC signal is detected, but a target-specific signal is detected	Carryover contamination caused target signal in negative control wells. Additionally, no IPC signal in negative control wells could be caused by:	To correct carryover contamination, repeat the assay using fresh aliquots of all reagents and clean pipetting equipment.
	 A high copy number of target DNA existed in the samples, resulting in preferential amplification of the target-specific DNA. 	To determine whether IPC amplification is a problem, examine unknown wells for an IPC signal. If an IPC signal is present, IPC amplification is not a problem.
	 A problem occurred with IPC amplification. 	
In negative extraction control wells, target- specific signal is detected. The result is considered invalid by the software.	Carryover contamination occurred.	 Repeat the assay using fresh aliquots of all reagents, fresh enrichment, and clean pipetting equipment. If the negative extraction control continues to show contamination, repeat the assay using a new kit.
		 If the negative extraction control continues to show contamination, contact Technical Support.
In unknown wells, no IPC or target-specific signal is detected.	Inhibition of PCR occurred.	Dilute the sample 1:5 with nuclease-free water to dilute PCR inhibitors, then repeat the assay. If PCR remains inhibited, repeat the sample preparation.
		Refer to other troubleshooting suggestions for removal of Magnetic Particles or particulate residue from the DNA sample.
		Refer to other troubleshooting suggestions for removal of particulates from the DNA sample.
In unknown wells, no IPC signal is detected, but target-specific signal is detected.	A high copy number of target DNA existed in the samples, resulting in preferential amplification of the target-specific DNA.	No action is required. The result is considered positive.



Observation	Possible cause	Recommended action
Replicate results for a sample are inconsistent.	All replicate wells for a sample did not have the same result.	If more than two replicates yield the same result (for example, 2 of 3 replicates are negative, but 1 replicate is positive), refer to your laboratory protocol to determine whether to repeat the assay using fresh samples and reagents.
		If only 2 replicates were run and the results are not consistent, repeat the assay using fresh samples and reagents.
Amplicon contamination.	 Contamination was introduced into the PCR clean area from post-amplification reaction tubes that were either opened in the clean area or brought into the PCR clean area from contaminated gloves or solutions. Contamination was introduced into the real- time PCR instrument from crushed and broken PCR reaction tubes. 	 To confirm amplicon contamination, perform the following experiment: Prepare negative control samples using at least one 8-tube strip of MicroSEQ[™] Assay Beads. 1. Divide the assay beads into two sets. a. To the first set of assay beads, add 30 µL of nuclease-free water. b. To the second set of assay beads, add 29 µL of nuclease-free water plus 1 µL of 1 U/µL Uracil DNA Glycosylase (Cat. No. 18054-015). 2. Run samples on the 7500 Fast Real-Time PCR Instrument using SDS software, then select Fast 7500 run mode. 3. Under the instrument tab: Select Add Step to stage 1 of the PCR cycle that consists of 10 minutes at 50°C. Extend the 95°C step from 20 seconds to 10 minutes.
		specific signal in the –UNG samples and no target- specific signal in +UNG samples. If the instrument block was contaminated, consult the Applied Biosystems [™] 7300/7500/7500 Fast Real-Time PCR System Getting Started Guide: Absolute Quantitation using Standard Curve (Pub. No. 4347825) and/or contact a service representative to clean the instrument.



Observation	Possible cause	Recommended action
Multicomponent plot signals for FAM [™] , VIC [™] , and ROX [™] detectors increase/decrease during cycles 1–15, but the amplification curve and result are not affected (this observation applies to View in SDS mode).	Incomplete mixing and dissolution of the lyophilized bead with sample or control occurred.	 After adding 30 µL of sample or Pathogen Negative Control to the bead and capping the tubes: 1. Vortex strips at high speed for about 10 seconds, then centrifuge the strips at 200– 600 × g for about 10 seconds. 2. Vortex the strips again on high speed for about 10 seconds, then centrifuge the strips at 200– 600 × g for about 1 minute.
		Ensure that all liquid is at the bottom of the tubes and the beads are fully dissolved before proceeding.



Supplemental information

Kit specificity

The MicroSEQ[™] Listeria monocytogenes Detection Kit can detect the following serotypes: 1/2A, 1/2B, 1/2C, 3A, 3B, 3C, 4A, 4AB, 4B, 4C, 4D, 4E, and 7. The kit does not detect other *Listeria* species or non-*Listeria* pathogens.

NF VALIDATION[™] by AFNOR[™] Certification

For more information about the end of validity of the NF VALIDATION[™] by AFNOR[™] Certification, refer to the certificate, ABI 29/05-12/11, available at nf-validation.afnor.org/en or thermofisher.com/ foodsafety.

The MicroSEQ[™] Listeria monocytogenes Detection Kit has been certified NF VALIDATION[™] by AFNOR[™] Certification. The certification used the EN ISO 16140 standard for the validation of alternative methods (Alternative Analytical Methods for Agribusiness. Certified NF VALIDATION[™] by AFNOR[™] Certification; nf-validation.afnor.org/en). This kit was compared and found equivalent to the EN ISO 11290-1 reference method. The validated workflows described in this guide include:

• Enrichment:

Media	Conditions
1. Half Fraser Broth	1. 30±1°C for 24–28 hours
(primary enrichment)	2. 37±1°C for 16–24 hours
2. Fraser Broth	
(secondary enrichment)	

- Optional storage of enriched culture at 5±3°C for up to 72 hours prior to secondary enrichment
- Optional storage of enriched culture at 5±3°C for up to 72 hours prior to DNA preparation
- Sample preparation kit: PrepSEQ[™] Nucleic Acid Extraction Kit
- Sample preparation kit options:
 - PrepSEQ[™] Rapid Spin Sample Preparation Kit Bead Beating
 - PrepSEQ™ Rapid Spin Sample Preparation Kit Extra Clean & Bead Beating
- MicroSEQ[™] Listeria monocytogenes Detection Kit:

Kit	Certificate
MicroSEQ [™] Listeria monocytogenes Detection Kit	ABI 29/05-12/11

• Applied Biosystems™ 7500 Fast Real-Time PCR Instrument

- RapidFinder[™] Express Software v2.0 or later
- Applied Biosystems[™] 7500 Fast Real-Time PCR Instrument and equivalents manufactured by Thermo Fisher Scientific and/or subsidiaries (see Table 9 for characteristics) with RapidFinder[™] Express Software v2.0 or later.

Characteristics	7500 Fast Real-Time PCR Instrument
Optics	12v 75w halogen bulb
Filters	5 excitation and 5 emission filters
Sample ramp rate	Standard mode: ±1.6°C/sec
	Fast mode: ±3.5°C/sec
Thermal range	4-100°C
Thermal accuracy	±0.5°C
Thermal uniformity	±1°C
Format	96-well, 0.1-mL block

 Table 9
 7500 Fast Real-Time PCR Instrument characteristics

• Confirmation testing as described in Chapter 6, "Recommended confirmation methods".

Table 10 Validated matrices

Reference method	Matrix
EN ISO 11290-1	All human foods and production environment samples

General remarks and recommendations:

- In the context of NF VALIDATION[™] by AFNOR[™] Certification, samples of more than 25 grams have not been tested.
- Comply with Good Laboratory Practices (GLP; refer to EN ISO 7218:2024 standard).
- We recommend that EN ISO 11290-1 and EN ISO 6887 be followed for the preparation of initial suspensions.

Good laboratory practices for PCR

Note: Spin tubes/plates before performing PCR. Spinning of PCR tubes is most easily accomplished by using a centrifuge designed for PCR tubes or plates. Follow manufacturer instructions for loading tubes/plates.

To avoid amplicon contamination of samples, follow these guidelines when preparing or handling samples for PCR amplification:

- Wear clean gloves and a clean lab coat (not previously worn while handling amplified products or used during sample preparation).
- Change gloves whenever you suspect that they are contaminated.
- Maintain separate areas and dedicated equipment and supplies for:
 - Sample preparation and reaction setup.
 - Amplification and analysis of products.
- Do not bring amplified products into the reaction setup area.
- Open and close all sample tubes carefully. Avoid splashing or spraying samples.
- Keep reactions and components capped as much as possible.
- Use a positive-displacement pipettor or aerosol-resistant barrier pipette tips.
- Do not open reaction tubes after PCR.
- Do not autoclave reaction tubes after PCR.
- Clean lab benches and equipment periodically with 10% bleach solution or DNAZap[™] Solutions (Cat. No. AM9890) according to the Thermo Fisher Scientific PCR Decontamination Protocol. After cleaning with bleach we recommend a rinse with distilled water or an ethanol solution because bleach will rust stainless steel. Note that minor discoloration of metal parts may occur.

For additional information, refer to EN ISO 22174:2024 or www.thermofisher.com/us/en/home/ life-science/pcr/real-time-learning-center/real-time-pcr-basics.html.

Safety





WARNING! GENERAL SAFETY. Using this product in a manner not specified in the user documentation may result in personal injury or damage to the instrument or device. Ensure that anyone using this product has received instructions in general safety practices for laboratories and the safety information provided in this document.

- Before using an instrument or device, read and understand the safety information provided in the user documentation provided by the manufacturer of the instrument or device.
- Before handling chemicals, read and understand all applicable Safety Data Sheets (SDSs) and use appropriate personal protective equipment (gloves, gowns, eye protection, and so on). To obtain SDSs, visit thermofisher.com/support.

Chemical safety



WARNING! GENERAL CHEMICAL HANDLING. To minimize hazards, ensure laboratory personnel read and practice the general safety guidelines for chemical usage, storage, and waste provided below. Consult the relevant SDS for specific precautions and instructions:

- Read and understand the Safety Data Sheets (SDSs) provided by the chemical manufacturer before you store, handle, or work with any chemicals or hazardous materials. To obtain SDSs, see the "Documentation and Support" section in this document.
- Minimize contact with chemicals. Wear appropriate personal protective equipment when handling chemicals (for example, safety glasses, gloves, or protective clothing).
- Minimize the inhalation of chemicals. Do not leave chemical containers open. Use only with sufficient ventilation (for example, fume hood).
- Check regularly for chemical leaks or spills. If a leak or spill occurs, follow the manufacturer cleanup procedures as recommended in the SDS.
- Handle chemical wastes in a fume hood.
- Ensure use of primary and secondary waste containers. (A primary waste container holds the immediate waste. A secondary container contains spills or leaks from the primary container. Both containers must be compatible with the waste material and meet federal, state, and local requirements for container storage.)
- After emptying a waste container, seal it with the cap provided.
- Characterize (by analysis if needed) the waste generated by the particular applications, reagents, and substrates used in your laboratory.
- Ensure that the waste is stored, transferred, transported, and disposed of according to all local, state/provincial, and/or national regulations.
- **IMPORTANT!** Radioactive or biohazardous materials may require special handling, and disposal limitations may apply.

Biological hazard safety

WARNING! Potential Biohazard. Depending on the samples used on this instrument, the surface may be considered a biohazard. Use appropriate decontamination methods when working with biohazards.



WARNING! BIOHAZARD. Biological samples such as tissues, body fluids, infectious agents, and blood of humans and other animals have the potential to transmit infectious diseases. Conduct all work in properly equipped facilities with the appropriate safety equipment (for example, physical containment devices). Safety equipment can also include items for personal protection, such as gloves, coats, gowns, shoe covers, boots, respirators, face shields, safety glasses, or goggles. Individuals should be trained according to applicable regulatory and company/institution requirements before working with potentially biohazardous materials. Follow all applicable local, state/provincial, and/or national regulations. The following references provide general guidelines when handling biological samples in laboratory environment.

• U.S. Department of Health and Human Services, *Biosafety in Microbiological and Biomedical Laboratories (BMBL)*, 6th Edition, HHS Publication No. (CDC) 300859, Revised June 2020; found at:

www.cdc.gov/labs/pdf/CDC-BiosafetyMicrobiologicalBiomedicalLaboratories-2020-P.pdf

 World Health Organization, *Laboratory Biosafety Manual*, 4th Edition, WHO/CDS/CSR/LYO/2020.12; found at: www.who.int/publications/i/item/9789240011311

38 Real-Time PCR Detection of Listeria monocytogenes in Food and Environmental Samples User Guide (Spin-Column and Magnetic Bead-Based DNA Isolation, AFNOR)



Documentation and support

Food safety support

Website: https://www.thermofisher.com/us/en/home/industrial/food-beverage/ food-microbiology-testing.html or thermofisher.com/foodsafety

Support email:

- Europe, Middle East, Africa: microbiology.techsupport.uk@thermofisher.com
- North America: microbiology@thermofisher.com

Phone: Visit **thermofisher.com/support**, select the link for phone support, then select the appropriate country from the dropdown list.

Customer and technical support

Visit thermofisher.com/support for the latest service and support information.

- Worldwide contact telephone numbers
- Product support information
 - Product FAQs
 - Software, patches, and updates
 - Training for many applications and instruments
- Order and web support
- Product documentation
 - User guides, manuals, and protocols
 - Certificates of Analysis
 - Safety Data Sheets (SDSs; also known as MSDSs)

Note: For SDSs for reagents and chemicals from other manufacturers, contact the manufacturer.

Related documentation

Document	Publication number
RapidFinder™ Express Software Quick Reference	4480999
Thermo Scientific™ KingFisher™ Flex User Manual	N07669

(continued)

Document	Publication number
Applied Biosystems™ 7300/7500/7500 Fast Real-Time PCR System Installation and Maintenance Guide	4378657
Applied Biosystems™ 7500/7500 Fast Real-Time PCR System: Maintenance Guide	4387777
PCR Starter Kit for 96-well blocks, 0.2 mL, User Guide	A24829

References

EN ISO 6887-1:2017. Microbiology of the food chain — Preparation of test samples, initial suspension and decimal dilutions for microbiological examination — Part 1: General rules for the preparation of the initial suspension and decimal dilutions.

EN ISO 6887-2:2017. Microbiology of the food chain—Preparation of test samples, initial suspension and decimal dilutions for microbiological examination—Part 2: Specific rules for the preparation of meat and meat products.

EN ISO 6887-3:2017. Microbiology of the food chain—Preparation of test samples, initial suspension and decimal dilutions for microbiological examination—Part 3: Specific rules for the preparation of fish and fishery products.

EN ISO 6887-4:2017. Microbiology of the food chain—Preparation of test samples, initial suspension and decimal dilutions for microbiological examination—Part 4: Specific rules for the preparation of miscellaneous products.

EN ISO 7218:2024. Microbiology of the food chain—General requirements and guidance for microbiological examinations.

EN ISO 11290-1:2017. Microbiology of the food chain—Horizontal method for the detection and enumeration of *Listeria monocytogenes* and of *Listeria* spp.— Part 1 Detection method.

EN ISO 16140-2:2016. Microbiology of the food chain — Method validation — Part 2: Protocol for the validation of alternative (proprietary) methods against a reference method.

EN ISO 22174:2024. Microbiology of the food chain – PCR for the detection of food-borne pathogens. General requirements and definitions.

2012. NF Validation by AFNOR-Certification. nf-validation.afnor.org/en. Accessed October 2015.

